



Free meter program Helping you manage your diabetes

Diabetes may harm your eyes, kidneys, nerves, heart and blood vessels. The impact can be long term. Regular blood sugar testing can help you manage your diabetes and may lead to better glucose control.

Take Advantage of this great offer

To help you monitor blood sugar levels, your pharmacy benefit plan offers a free One Touch or Contour Next meter program.* With this program, you are able to get a blood sugar meter at no charge to you. You and your doctor can choose from a variety of meters. For more details, call customer service at the phone number on your benefit ID card, or contact the meter manufacturer at the numbers on the back page.

How to get your free meter

- 1 Discuss with your doctor and select the meter that is best for you.
- 2 Once you decide, contact the manufacturer directly.
- 3 The meter will arrive by mail three to seven days after placing the order.

*One free meter per member. Other restrictions may apply.




Don't delay. Talk with your doctor about choosing the appropriate meter for you.

Choose from these brand-name meters

To order one of these OneTouch® meters, call **1-800-845-9525** or visit the website at OneTouch.orderpoints.com.

Order Code: 236DMT001




OneTouch®

Blood Glucose Monitors	Test Strips
 OneTouch Verio® Meter	OneTouch Verio® Test Strips
 OneTouch Verio Flex® Meter	OneTouch Verio® Test Strips
 OneTouch Verio® IQ Meter	OneTouch Verio® Test Strips

To order one of these CONTOUR®NEXT meters, call **1-800-401-8440** or visit the website at ContourNextFreeMeter.com.

Order Code: BDC-UHC

CONTOUR®NEXT

Blood Glucose Monitors	Test Strips
 CONTOUR®NEXT meter	CONTOUR®NEXT test strips
 CONTOUR®NEXT EZ meter	CONTOUR®NEXT test strips
 CONTOUR®NEXT ONE meter	CONTOUR®NEXT test strips

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