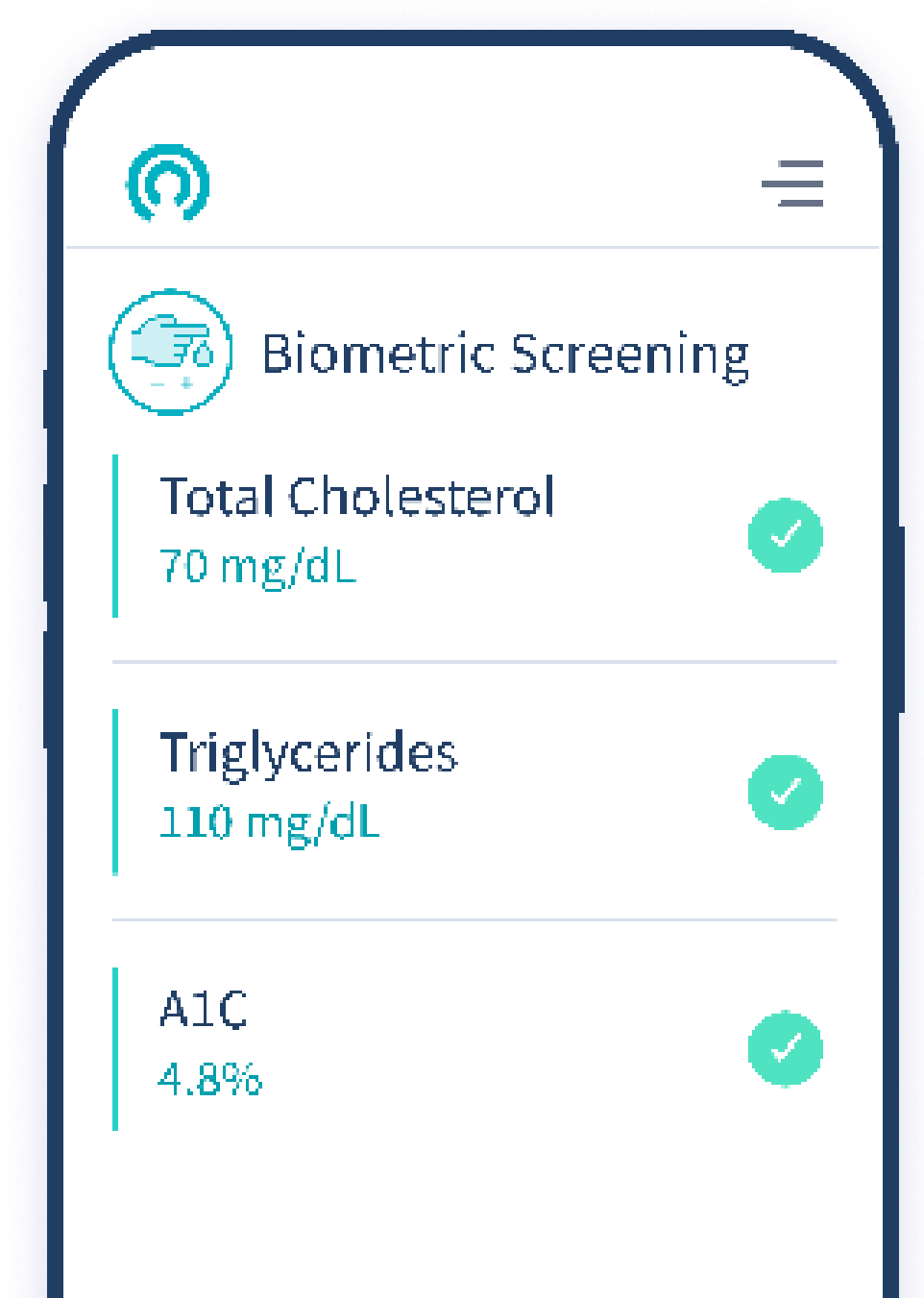




# Complete your biometric screening — your way

YMCA Employee Benefits is making it even easier to check your health by offering a **brand new biometric screening experience**. Explore LetsGetChecked and see all the ways to do your biometric screening, on your own terms.

A biometric screening can help identify risk factors associated with chronic health conditions like heart disease and diabetes. Know your numbers. Take control of your health.



## Step 1:

Log into LetsGetChecked via Rally and explore the options available to you.

## Step 2:

Choose how you want to complete your biometric screening.

## Step 3:

Complete your screening and get accurate results in just a few days.

## GET STARTED

Log into LetsGetChecked today via  
<https://www.werally.com/client/ymca/register/>



**YMCA EMPLOYEE BENEFITS**  
A nonprofit benefit Plan exclusively  
serving YMCAs since 1970.

