



**YMCA EMPLOYEE BENEFITS**  
A nonprofit benefit Plan exclusively  
serving YMCAs since 1970.

## PRIVACY & CONFIDENTIALITY STATEMENT

Part of our WellnessWorks Program rewards YMCAs and their covered plan members for taking the Health Survey on myuhc.com, and rewards plan members for participating in various programs or activities, and for completing a Health Provider Screening form with results from a recent doctor's visit. The information submitted with these activities is protected by the Health Insurance Portability and Accountability Act (HIPAA). See below for common questions regarding the confidentiality of this information.

### **What happens to my personal information when I complete the Health Survey or submit the Health Provider Screening Form?**

After you complete the Rally Health Survey on myuhc.com, you'll receive instant feedback on the website regarding your health, including content and recommendations tailored to your Rally health score.

Once you submit a Health Provider Screening form, your biometric data will be loaded into your Biometrics Dashboard on Rally. You can access this information to refer back to your results by logging in to Rally and scrolling down to the section titled "Your Numbers," and then clicking "Learn More."

The information you provide on both the Health Survey and the Health Provider Screening form may also be used by UnitedHealthcare to identify any health improvement resources or clinical programs that you may be eligible for. If you do qualify for additional resources, UnitedHealthcare may reach out to you to via phone, email, or mail to tell you about them.

### **Who can see my answers or results?**

The information you disclose as a part of any of the WellnessWorks program incented activities or programs is kept completely confidential. No one at your YMCA, or at YMCA Employee Benefits, will have access to your private health information or your answers to the Survey. YMCA Employee Benefits and your YMCA may receive reporting that shows aggregate data from all plan members combined, and in some cases, the names of those who complete an incented activity.

### **Can the information I provide affect my eligibility or how much I pay for health insurance?**

No, the information you provide will not be seen by the people who determine rates or eligibility for coverage. Neither your YMCA, nor YMCA Employee Benefits, will have access to your individual results. All programs/activities in our WellnessWorks Program are completely voluntary. However, YMCA Employee Benefits and your YMCA may choose to offer financial incentives to encourage participation. This can include gift cards, cash bonuses, insurance premium adjustments, health savings account deposits, etc.