## In the know. In an instant.

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## INSTANT INFO IS JUST A TEXT AND A TAP AWAY:



Wellness information



Special offers



Benefits reminders



Quick tips and guides

Keeping an eye on your health and getting the most from your vision benefits has never been easier—or more accessible. No cost. Nothing to download. Opt out anytime.

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Text EyeMed to 73529 or call the number on your ID card.

You'll need the first 9 digits of your Member ID. Don't know it? Log into **eyemed.com** or call the customer care center and follow the automated prompts.









